

Weekly Menu: Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack (with milk & water)	Toast & Marmite/Jam	Cereals & Milk	Porridge with banana and raisins	Greek yoghurt with berries	Toast & Marmite/Jam
Lunch (with water)	Roast chicken with carrots & cabbage	Pork casserole with potatoes & green beans	Bacon risotto	Pasta Primavera	Cottage Pie with carrots & broccoli
Vegetarian Meal (with water)	Vegetable pie, carrots & cabbage	Vegetable casserole with potatoes & green beans	Vegetable risotto	As above	Quorn Cottage Pie
Babies Lunch (with water)	As above	As above	As above	As above	As above
Dessert	Rhubarb muffins with custard	Lemon & lime sponge with custard	Sticky toffee pudding with custard	Sour cream & cherry slice	Trifle with Ice Cream
PM Snack (with milk & water)	Fresh Fruit	Houmous and vegetable sticks	Rice cakes and cream cheese	Vegetable sticks and dip.	Fresh fruit
Tea (with water)	Ham & cheese sandwiches with salad Peaches with peach yoghurt	Eggy Bread Jelly and ice cream	Pizza & sweet potato wedges Angel delight	Cheese and Crackers Apple/Grapes Marmalade Loaf	Fish fingers with beans Toasted tea cakes
Vegetarian Tea (with water)	Cheese and tomato sandwiches with salad Peaches with peach yoghurt	As above	Cheese pizza & sweet potato wedges Angel delight	As above	Vegetable fingers with beans
Babies Tea (with water)	Fish Finger, Mashed Potato & Vegetables Yoghurt	Vegetables in a Cheese Sauce Jelly	Spaghetti on Toast Fruit	Jacket potato with cheese & broccoli Mango sticks	Scrambled Eggs with Beans & Toast Fresh Fruit

Please note that all meals are subject to change.

Menus are available on request, please ask a member of staff.

Drinking water and fresh fruit are available at all times throughout the day, as well as scheduled snack and meal times.