

**Weekly Menu: Week 1**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>AM Snack</b> (with milk & water)	Natural Yoghurt & Fresh Fruit	Porridge with banana	Toast with Marmite	Cereal and Milk	Toast with Jam
<b>Lunch</b> (with water)	Meatballs in Tomato Sauce with Pasta and Peas	Cauliflower and Broccoli Cheese Bake Mash Potato	Lasagna Peas/Sweetcorn	Sausage Casserole Mash Potato Carrots/Green Beans	Lamb Tagine Couscous
<b>Vegetarian Meal</b> (with water)	Tomato Pasta Bake Peas	As above	Vegetable Lasagne Peas/Sweetcorn	Quorn Sausage Casserole Mash Potato Carrots/Green Beans	Vegetable Tagine Couscous
<b>Babies Lunch</b> (with water)	As Above	As above	As Above	Chicken Vegetables and Potato	As above
<b>Dessert</b>	Banana Custard	Pear and Sultana Rockies	Apple Crumble and Ice-Cream	Flapjack and Custard	Rhubarb Muffins with cream
<b>PM Snack</b> (with milk & water)	Bread Sticks & Hummous	Crackers & Pate	Fresh Fruit	Vegetables Sticks & Hummus	Fresh Fruit
<b>Tea</b> (with water)	Fish Fingers, Beans, Mash Potato Lemon Cheese Cake	Ham Sandwiches Vegetable Sticks Semolina	Scrambled Egg & Spaghetti Pear and Custard	Homemade French Bread Pizza Fruit Smoothie	Jacket Potato with Tuna Yogurt
<b>Vegetarian Tea</b> (with water)	Vegetable Fingers, Beans, Mash Potato Lemon Cheese Cake	Cheese and Tomato Sandwiches Vegetable Sticks Semolina	As above	As Above	Jacket Potato with cheese Yogurt
<b>Babies Tea</b> (with water)	As above	Pasta Bake Semolina	As Above	Spaghetti on Toast	As Above

Please note that all meals are subject to change.

Menus are available on request, please ask a member of staff.

Drinking water and fresh fruit are available at all times throughout the day, as well as scheduled snack and meal times.